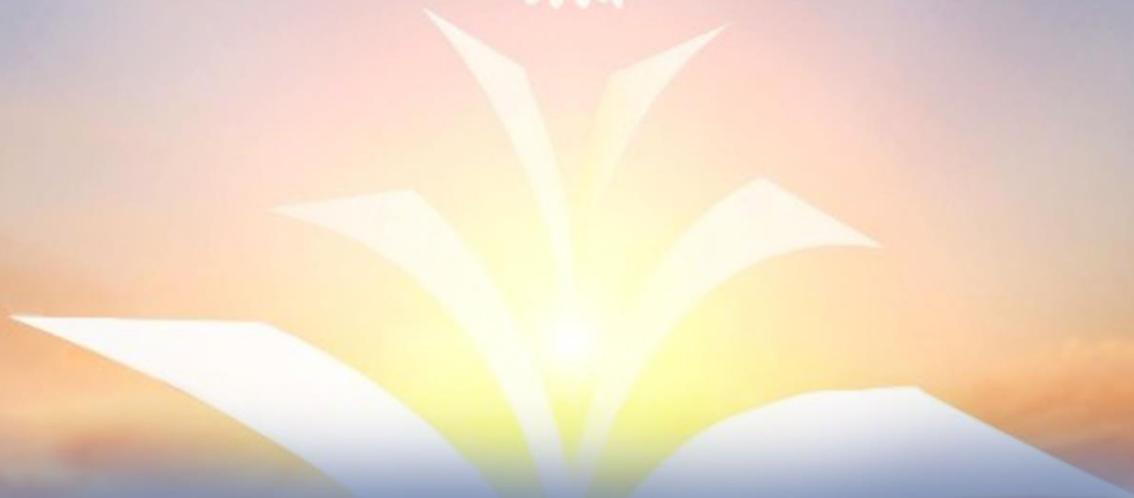


QUIET TIME

A study on understanding the principles of quiet time and how to get the best results from it.

VOL 1



JOHNSON .A. JULIUS

QUIET TIME PART 1 (bible study)

Memory Verse Mark 5 vs. 25

“And he healed many that were sick of diverse diseases, and cast out many devils; and suffered not the devils to speak, because they knew him.”

Text: John 15 vs. 1 – 17

“I am the true vine, and My Father is the vinedresser. ² Every branch in Me that does not bear fruit He ^[a] takes away; and every branch that bears fruit He prunes, that it may bear more fruit. ³ You are already clean because of the word which I have spoken to you. ⁴ Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.

⁵ “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing. ⁶ If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned. ⁷ If you abide in Me, and My words abide in you, you ^[b] will ask what you desire, and it shall be done for you. ⁸ By this My Father is glorified, that you bear much fruit; so you will be My disciples.

⁹ “As the Father loved Me, I also have loved you; abide in My love. ¹⁰ If you keep My commandments, you will abide in My love, just as I have kept My Father’s commandments and abide in His love.

¹¹ “These things I have spoken to you, that My joy may remain in you, and that your joy may be full. ¹² This is My commandment, that you love one another as I have loved you. ¹³ Greater love has no one than this, than to lay down one’s life for his friends. ¹⁴ You are My friends if you do whatever I command you. ¹⁵ No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you. ¹⁶ You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask the Father in My name He may give you. ¹⁷ These things I command you, that you love one another.”

Quiet time can also be called heart to heart time or one on one time with God.

Quiet time is the time deliberately and intentionally separated time by a child of God (Christian) usually read and meditate on the word of God and also commune with God in prayers for renewal, refreshed, and deepened relationship with God.

This is the time that you separate because you want to talk to God and you want God to talk to you.

Quiet time is the time of regular divine appointment with God. It’s an appointment that we have to keep always on regular basis not fluctuating. It is individual in nature it is not collective.

Christianity is not just a way of life, it is a relationship. ie we relate with our maker. God the maker of heaven and earth. In fact, the reason why God created man is for relationship.

Gen 3 vs 8

"Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden"

We can interpret this scripture to say, and Adam and his wife hid themselves from the place of *relationship*. This is not the first time God has been coming to them but because they had bridged the gap they had to hide themselves from him. Even though God knew that they had bridged the gap, he still came down to beckon on them, because he is a God of relationship. At this point, God wanted to still draw them back, all he wanted from them was their simplicity not the excuse and self-defense. God had warned them not to eat of the fruit so that they don't die, because like a father and son relationship, the only thing that can separate them is death.

God created man because he does not have to be here always. Just like when the witches told Papa Idahosa that even God would not stop them, his response was " why should God come down when Idahosa is here?"

Because of the fall of man, that is the main reason why we must create the **bridge** for the **breach**. This is why we must pray (for fellowship), we are not to pray because God asked us to pray but because of the fellowship we want to build.

When we fail to pray, we won't be able to know the mind of God. And it is not a one way communication, it is only complete when we get a feedback. We study the bible and fellowship with God to hear his voice and to receive instruction for the day. Just as husband and wife don't just talk because of the contractual agreement between them, they do so because they know that effective communication is the key to a great marriage.

Quiet time is personal and is not the same with family devotion or family altar or combined general vigil. If we say Quiet time is a time that is to be Quiet and at the same time without distraction, what time should be the best time for Quiet time?

Answer: Quiet time is not speculated at any specific period of time, but for the best effectiveness, it is better to do it very early in the morning or late at night.

But in my suggestion, the best time is very early in the morning, the bible speaking of Jesus and said " a while before the dawn of the day, he would separate himself to a secluded place"

Why morning time is better

1. When you wake up fresh, your spirit is still calm and it is easy for you to connect with God.
2. It is very good to start you day with God before stepping out.
Starting your day with God is very paramount.
3. It is going to help you to pray over every other appointment you have for the day.
"He that bows before God does not bow before men."

How long should your Quiet time be?

A Quiet time can be from at least 10 minutes to as much as you can do. But it is not to be over stretched for the beginners so it does not look tasky for them.
P.S it is different bible study.